

**Seymour ISD**  
**003 - SEYMOUR HIGH SCHOOL**  
**MIDDLE SCHOOL AND HIGH SCHOOL**

Monday	Tuesday	Wednesday	Thursday	Friday
Aug - 23 BBQ ON BUN FRIES GREEN BEANS PEARS ORANGES RICE KRISPIE WHITE MILK CHOCOLATE MILK	Aug - 24 CHEESE PIZZA BREAD STICK SPINACH SALAD PEACHES APPLE CHERRY COBBLER WHITE MILK CHOCOLATE MILK	Aug - 25 FISH CORNBREAD COLE SLAW BEANS APPLE CHEESECAKE WHITE MILK CHOCOLATE MILK	Aug - 26 FAJITAS CHICKEN CARROTS SALAD ORANGES APPLESAUCE TORTILLA CHIPS WHITE MILK CHOCOLATE MILK	Aug - 27 CHEESEBURGER FRIES GREEN PEAS LETTUCE & TOMATO ORANGES STRAWBERRIES CHOCOLATE CAKE FROSTING WHITE WHITE MILK CHOCOLATE MILK
Aug - 30 HAM SUB SUNCHIPS PASTA SALAD PINEAPPLE ORANGES PUDDING WHITE MILK CHOCOLATE MILK	Aug - 31 CHICKEN SPAGHETT BREAD STICK SPINACH SALAD PEACHES APPLE ICE CREAM WHITE MILK CHOCOLATE MILK	Sep - 1 SALISBURY STEAK ROLL POTATO WEDGES GREEN BEANS APPLE STRAWBERRIES APPLE CRISP WHITE MILK CHOCOLATE MILK	Sep - 2 PORK RIB ON BUN COLE SLAW BEANS APPLE CHERRY SHAPE UP WHITE MILK CHOCOLATE MILK	Sep - 3 CHICKEN ON BUN FRIES CARROTS PEARS ORANGES LETTUCE & TOMATO BROWNIE WHITE MILK CHOCOLATE MILK
Sep - 6 CHICKEN STIR-FRY EGG ROLL RICE BROCCOLI PEARS ORANGES VANILLA PUDDING WHITE MILK CHOCOLATE MILK	Sep - 7 BAKED POTATO TURKEY TACO MEAT GREEN BEANS ORANGES STRAWBERRIES RICE KRISPIE CHEESE CUP WHITE MILK CHOCOLATE MILK	Sep - 8 MEATLOAF BREAD, WHEAT RED POTATOES GREEN PEAS APPLE PEACHES SCOOBY SNACK WHITE MILK CHOCOLATE MILK	Sep - 9 CHEESEBURGER FRIES BLACKEYE PEAS LETTUCE & TOMATO APPLE MANDARIN ORANGE ICE CREAM WHITE MILK CHOCOLATE MILK	Sep - 10 ITALIANO BAKE BREAD STICK SPINACH SALAD PINEAPPLE ORANGES CHERRY SQUARES WHITE MILK CHOCOLATE MILK
Sep - 13 CHICKEN ON BUN TATOR TOTS BROCCOLI LETTUCE & TOMATO APPLE PEACHES PUDDING WHITE MILK CHOCOLATE MILK	Sep - 14 SALISBURY STEAK ROLL RED POTATOES GREEN BEANS FRUIT COCKTAIL CARROT STICKS ORANGES BROWNIE WHITE MILK CHOCOLATE MILK	Sep - 15 BBQ SAUSAGE LINK BREAD, WHEAT POTATO SALAD PINTO BEANS PEARS ORANGES CHOCOLATE CAKE FROSTING WHITE WHITE MILK CHOCOLATE MILK	Sep - 16 SPAGHETTI BREAD STICK SALAD CARROT STICKS ORANGES PINEAPPLE SCOOBY SNACK WHITE MILK CHOCOLATE MILK	Sep - 17 CHEESEBURGER FRIES GREEN PEAS LETTUCE & TOMATO ORANGES APPLESAUCE LIME SHERBERT WHITE MILK CHOCOLATE MILK
Sep - 20 BBQ ON BUN FRIES GREEN BEANS PEARS ORANGES RICE KRISPIE WHITE MILK CHOCOLATE MILK	Sep - 21 CHEESE PIZZA BREAD STICK SPINACH SALAD PEACHES APPLE CHERRY COBBLER WHITE MILK CHOCOLATE MILK	Sep - 22 FISH CORNBREAD COLE SLAW BEANS APPLE CHEESECAKE WHITE MILK CHOCOLATE MILK	Sep - 23 FAJITAS CHICKEN CARROTS SALAD ORANGES APPLESAUCE TORTILLA CHIPS WHITE MILK CHOCOLATE MILK	Sep - 24 CHEESEBURGER FRIES GREEN PEAS LETTUCE & TOMATO ORANGES STRAWBERRIES CHOCOLATE CAKE FROSTING WHITE WHITE MILK CHOCOLATE MILK

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MENUS ARE SUBJECT TO CHANGE

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