

Seymour ISD
003 - SEYMOUR HIGH SCHOOL
BREAKFAST - SEYMOUR M.S. AND H.S.

Monday	Tuesday	Wednesday	Thursday	Friday
Aug - 23 BISCUIT, EGG, CHEE SAUSAGE APPLE CEREAL BAR STRAWBERRY CERE APPLE JUICE ORANGE JUICE GRAPE JUICE APPLE BANANA ORANGES YOGURT WHITE MILK CHOCOLATE MILK	Aug - 24 CINNAMON ROLL FRENCH TST STICKS APPLE MUFFIN SAUSAGE APPLE CEREAL BAR STRAWBERRY CERE APPLE JUICE ORANGE JUICE GRAPE JUICE APPLE BANANA ORANGES YOGURT WHITE MILK CHOCOLATE MILK STRAWBERRY MILK	Aug - 25 BURRITO BACON APPLE CEREAL BAR STRAWBERRY CERE APPLE JUICE ORANGE JUICE GRAPE JUICE APPLE BANANA ORANGES YOGURT WHITE MILK CHOCOLATE MILK	Aug - 26 PANCAKES WW CINNAMON ROLL BANANA MUFFIN SAUSAGE APPLE CEREAL BAR STRAWBERRY CERE APPLE JUICE ORANGE JUICE GRAPE JUICE APPLE BANANA ORANGES YOGURT WHITE MILK CHOCOLATE MILK	Aug - 27 BURRITO BACON APPLE CEREAL BAR STRAWBERRY CERE APPLE JUICE ORANGE JUICE GRAPE JUICE APPLE BANANA ORANGES YOGURT WHITE MILK CHOCOLATE MILK STRAWBERRY MILK
Aug - 30 BISCUIT, EGG, CHEE SAUSAGE APPLE CEREAL BAR STRAWBERRY CERE APPLE JUICE ORANGE JUICE GRAPE JUICE APPLE BANANA ORANGES YOGURT WHITE MILK CHOCOLATE MILK	Aug - 31 CINNAMON ROLL FRENCH TST STICKS APPLE MUFFIN SAUSAGE APPLE CEREAL BAR STRAWBERRY CERE APPLE JUICE ORANGE JUICE GRAPE JUICE APPLE BANANA ORANGES YOGURT WHITE MILK CHOCOLATE MILK STRAWBERRY MILK	Sep - 1 BURRITO BACON APPLE CEREAL BAR STRAWBERRY CERE APPLE JUICE ORANGE JUICE GRAPE JUICE APPLE BANANA ORANGES YOGURT WHITE MILK CHOCOLATE MILK	Sep - 2 PANCAKES WW CINNAMON ROLL BANANA MUFFIN SAUSAGE APPLE CEREAL BAR STRAWBERRY CERE APPLE JUICE ORANGE JUICE GRAPE JUICE APPLE BANANA ORANGES YOGURT WHITE MILK CHOCOLATE MILK	Sep - 3 BURRITO BACON APPLE CEREAL BAR STRAWBERRY CERE APPLE JUICE ORANGE JUICE GRAPE JUICE APPLE BANANA ORANGES YOGURT WHITE MILK CHOCOLATE MILK STRAWBERRY MILK
Sep - 6 BISCUIT, EGG, CHEE SAUSAGE APPLE CEREAL BAR STRAWBERRY CERE APPLE JUICE ORANGE JUICE GRAPE JUICE APPLE BANANA ORANGES YOGURT WHITE MILK CHOCOLATE MILK	Sep - 7 CINNAMON ROLL FRENCH TST STICKS APPLE MUFFIN SAUSAGE APPLE CEREAL BAR STRAWBERRY CERE APPLE JUICE ORANGE JUICE GRAPE JUICE APPLE BANANA ORANGES YOGURT WHITE MILK CHOCOLATE MILK STRAWBERRY MILK	Sep - 8 BURRITO BACON APPLE CEREAL BAR STRAWBERRY CERE APPLE JUICE ORANGE JUICE GRAPE JUICE APPLE BANANA ORANGES YOGURT WHITE MILK CHOCOLATE MILK	Sep - 9 PANCAKES WW CINNAMON ROLL BANANA MUFFIN SAUSAGE APPLE CEREAL BAR STRAWBERRY CERE APPLE JUICE ORANGE JUICE GRAPE JUICE APPLE BANANA ORANGES YOGURT WHITE MILK CHOCOLATE MILK	Sep - 10 BURRITO BACON APPLE CEREAL BAR STRAWBERRY CERE APPLE JUICE ORANGE JUICE GRAPE JUICE APPLE BANANA ORANGES YOGURT WHITE MILK CHOCOLATE MILK STRAWBERRY MILK

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Sep - 20 BISCUIT, EGG, CHEE SAUSAGE APPLE CEREAL BAR STRAWBERRY CERE APPLE JUICE ORANGE JUICE GRAPE JUICE APPLE BANANA ORANGES YOGURT WHITE MILK CHOCOLATE MILK	Sep - 21 CINNAMON ROLL FRENCH TST STICKS APPLE MUFFIN SAUSAGE APPLE CEREAL BAR STRAWBERRY CERE APPLE JUICE ORANGE JUICE GRAPE JUICE APPLE BANANA ORANGES YOGURT WHITE MILK CHOCOLATE MILK STRAWBERRY MILK	Sep - 22 BURRITO BACON APPLE CEREAL BAR STRAWBERRY CERE APPLE JUICE ORANGE JUICE GRAPE JUICE APPLE BANANA ORANGES YOGURT WHITE MILK CHOCOLATE MILK	Sep - 23 PANCAKES WW CINNAMON ROLL BANANA MUFFIN SAUSAGE APPLE CEREAL BAR STRAWBERRY CERE APPLE JUICE ORANGE JUICE GRAPE JUICE APPLE BANANA ORANGES YOGURT WHITE MILK CHOCOLATE MILK	Sep - 24 BURRITO BACON APPLE CEREAL BAR STRAWBERRY CERE APPLE JUICE ORANGE JUICE GRAPE JUICE APPLE BANANA ORANGES YOGURT WHITE MILK CHOCOLATE MILK STRAWBERRY MILK
Sep - 27 BISCUIT, EGG, CHEE SAUSAGE APPLE CEREAL BAR STRAWBERRY CERE APPLE JUICE ORANGE JUICE GRAPE JUICE APPLE BANANA ORANGES YOGURT WHITE MILK CHOCOLATE MILK	Sep - 28 CINNAMON ROLL FRENCH TST STICKS APPLE MUFFIN SAUSAGE APPLE CEREAL BAR STRAWBERRY CERE APPLE JUICE ORANGE JUICE GRAPE JUICE APPLE BANANA ORANGES YOGURT WHITE MILK CHOCOLATE MILK STRAWBERRY MILK	Sep - 29 BURRITO BACON APPLE CEREAL BAR STRAWBERRY CERE APPLE JUICE ORANGE JUICE GRAPE JUICE APPLE BANANA ORANGES YOGURT WHITE MILK CHOCOLATE MILK	Sep - 30 PANCAKES WW CINNAMON ROLL BANANA MUFFIN SAUSAGE APPLE CEREAL BAR STRAWBERRY CERE APPLE JUICE ORANGE JUICE GRAPE JUICE APPLE BANANA ORANGES YOGURT WHITE MILK CHOCOLATE MILK	Oct - 1 BURRITO BACON APPLE CEREAL BAR STRAWBERRY CERE APPLE JUICE ORANGE JUICE GRAPE JUICE APPLE BANANA ORANGES YOGURT WHITE MILK CHOCOLATE MILK STRAWBERRY MILK

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Oct - 4 PANCAKES WW CINNAMON ROLL BANANA MUFFIN SAUSAGE APPLE CEREAL BAR STRAWBERRY CERE APPLE JUICE ORANGE JUICE GRAPE JUICE APPLE BANANA ORANGES YOGURT WHITE MILK CHOCOLATE MILK	Oct - 5 CINNAMON ROLL FRENCH TST STICKS APPLE MUFFIN SAUSAGE APPLE CEREAL BAR STRAWBERRY CERE APPLE JUICE ORANGE JUICE GRAPE JUICE APPLE BANANA ORANGES YOGURT WHITE MILK CHOCOLATE MILK STRAWBERRY MILK	Oct - 6 BURRITO BACON APPLE CEREAL BAR STRAWBERRY CERE APPLE JUICE ORANGE JUICE GRAPE JUICE APPLE BANANA ORANGES YOGURT WHITE MILK CHOCOLATE MILK	Oct - 7 PANCAKES WW CINNAMON ROLL BANANA MUFFIN SAUSAGE APPLE CEREAL BAR STRAWBERRY CERE APPLE JUICE ORANGE JUICE GRAPE JUICE APPLE BANANA ORANGES YOGURT WHITE MILK CHOCOLATE MILK	Oct - 8 BURRITO BACON APPLE CEREAL BAR STRAWBERRY CERE APPLE JUICE ORANGE JUICE GRAPE JUICE APPLE BANANA ORANGES YOGURT WHITE MILK CHOCOLATE MILK STRAWBERRY MILK
Oct - 11 BISCUIT, EGG, CHEE SAUSAGE APPLE CEREAL BAR STRAWBERRY CERE APPLE JUICE ORANGE JUICE GRAPE JUICE APPLE BANANA ORANGES YOGURT WHITE MILK CHOCOLATE MILK	Oct - 12 CINNAMON ROLL FRENCH TST STICKS APPLE MUFFIN SAUSAGE APPLE CEREAL BAR STRAWBERRY CERE APPLE JUICE ORANGE JUICE GRAPE JUICE APPLE BANANA ORANGES YOGURT WHITE MILK CHOCOLATE MILK STRAWBERRY MILK	Oct - 13 BURRITO BACON APPLE CEREAL BAR STRAWBERRY CERE APPLE JUICE ORANGE JUICE GRAPE JUICE APPLE BANANA ORANGES YOGURT WHITE MILK CHOCOLATE MILK	Oct - 14 PANCAKES WW CINNAMON ROLL BANANA MUFFIN SAUSAGE APPLE CEREAL BAR STRAWBERRY CERE APPLE JUICE ORANGE JUICE GRAPE JUICE APPLE BANANA ORANGES YOGURT WHITE MILK CHOCOLATE MILK	Oct - 15 BURRITO BACON APPLE CEREAL BAR STRAWBERRY CERE APPLE JUICE ORANGE JUICE GRAPE JUICE APPLE BANANA ORANGES YOGURT WHITE MILK CHOCOLATE MILK STRAWBERRY MILK
Oct - 18 BISCUIT, EGG, CHEE SAUSAGE APPLE CEREAL BAR STRAWBERRY CERE APPLE JUICE ORANGE JUICE GRAPE JUICE APPLE BANANA ORANGES YOGURT WHITE MILK CHOCOLATE MILK	Oct - 19 CINNAMON ROLL FRENCH TST STICKS APPLE MUFFIN SAUSAGE APPLE CEREAL BAR STRAWBERRY CERE APPLE JUICE ORANGE JUICE GRAPE JUICE APPLE BANANA ORANGES YOGURT WHITE MILK CHOCOLATE MILK STRAWBERRY MILK	Oct - 20 BURRITO BACON APPLE CEREAL BAR STRAWBERRY CERE APPLE JUICE ORANGE JUICE GRAPE JUICE APPLE BANANA ORANGES YOGURT WHITE MILK CHOCOLATE MILK	Oct - 21 PANCAKES WW CINNAMON ROLL BANANA MUFFIN SAUSAGE APPLE CEREAL BAR STRAWBERRY CERE APPLE JUICE ORANGE JUICE GRAPE JUICE APPLE BANANA ORANGES YOGURT WHITE MILK CHOCOLATE MILK	Oct - 22 BURRITO BACON APPLE CEREAL BAR STRAWBERRY CERE APPLE JUICE ORANGE JUICE GRAPE JUICE APPLE BANANA ORANGES YOGURT WHITE MILK CHOCOLATE MILK STRAWBERRY MILK

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BISCUIT, EGG, CHEE SAUSAGE APPLE CEREAL BAR STRAWBERRY CERE APPLE JUICE ORANGE JUICE GRAPE JUICE APPLE BANANA ORANGES YOGURT WHITE MILK CHOCOLATE MILK	CINNAMON ROLL FRENCH TST STICKS APPLE MUFFIN SAUSAGE APPLE CEREAL BAR STRAWBERRY CERE APPLE JUICE ORANGE JUICE GRAPE JUICE APPLE BANANA ORANGES YOGURT WHITE MILK CHOCOLATE MILK STRAWBERRY MILK	BURRITO BACON APPLE CEREAL BAR STRAWBERRY CERE APPLE JUICE ORANGE JUICE GRAPE JUICE APPLE BANANA ORANGES YOGURT WHITE MILK CHOCOLATE MILK	PANCAKES WW CINNAMON ROLL BANANA MUFFIN SAUSAGE APPLE CEREAL BAR STRAWBERRY CERE APPLE JUICE ORANGE JUICE GRAPE JUICE APPLE BANANA ORANGES YOGURT WHITE MILK CHOCOLATE MILK	BURRITO BACON APPLE CEREAL BAR STRAWBERRY CERE APPLE JUICE ORANGE JUICE GRAPE JUICE APPLE BANANA ORANGES YOGURT WHITE MILK CHOCOLATE MILK STRAWBERRY MILK

MENUS ARE SUBJECT TO CHANGE

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