

Seymour ISD

BREAKFAST - SEYMOUR M.S. AND H.S.

Monday	Tuesday	Wednesday	Thursday	Friday
Mar - 1 PANCAKES WW SAUSAGE BAGEL BACON APPLE CEREAL BAR BLUEBERRY CEREAL STRAWBERRY CERE APPLE JUICE ORANGE JUICE GRAPE JUICE APPLE BANANA ORANGES WHITE MILK CHOCOLATE MILK STRAWBERRY MILK	Mar - 2 CINNAMON ROLL BREAKFAST PIZZA BACON APPLE CEREAL BAR BLUEBERRY CEREAL STRAWBERRY CERE APPLE JUICE ORANGE JUICE GRAPE JUICE APPLE BANANA ORANGES WHITE MILK CHOCOLATE MILK STRAWBERRY MILK	Mar - 3 BISCUIT, EGG, MEAT APPLE CEREAL BAR BLUEBERRY CEREAL STRAWBERRY CERE APPLE JUICE ORANGE JUICE GRAPE JUICE APPLE BANANA ORANGES WHITE MILK CHOCOLATE MILK STRAWBERRY MILK	Mar - 4 CINNAMON ROLL SAUSAGE LINK BURRITO BREAKFAS APPLE CEREAL BAR BLUEBERRY CEREAL STRAWBERRY CERE APPLE JUICE ORANGE JUICE GRAPE JUICE APPLE BANANA ORANGES WHITE MILK CHOCOLATE MILK STRAWBERRY MILK	Mar - 5 FUNNEL CAKE BREAKFAST PIZZA SAUSAGE LINK APPLE CEREAL BAR BLUEBERRY CEREAL STRAWBERRY CERE APPLE JUICE ORANGE JUICE GRAPE JUICE APPLE BANANA ORANGES WHITE MILK CHOCOLATE MILK STRAWBERRY MILK
Mar - 8 PANCAKES WW SAUSAGE BAGEL BACON APPLE CEREAL BAR BLUEBERRY CEREAL STRAWBERRY CERE APPLE JUICE ORANGE JUICE GRAPE JUICE APPLE BANANA ORANGES WHITE MILK CHOCOLATE MILK STRAWBERRY MILK	Mar - 9 CINNAMON ROLL BREAKFAST PIZZA BACON APPLE CEREAL BAR BLUEBERRY CEREAL STRAWBERRY CERE APPLE JUICE ORANGE JUICE GRAPE JUICE APPLE BANANA ORANGES WHITE MILK CHOCOLATE MILK STRAWBERRY MILK	Mar - 10 BISCUIT, EGG, MEAT APPLE CEREAL BAR BLUEBERRY CEREAL STRAWBERRY CERE APPLE JUICE ORANGE JUICE GRAPE JUICE APPLE BANANA ORANGES WHITE MILK CHOCOLATE MILK STRAWBERRY MILK	Mar - 11 CINNAMON ROLL SAUSAGE LINK BURRITO BREAKFAS APPLE CEREAL BAR BLUEBERRY CEREAL STRAWBERRY CERE APPLE JUICE ORANGE JUICE GRAPE JUICE APPLE BANANA ORANGES WHITE MILK CHOCOLATE MILK STRAWBERRY MILK	Mar - 12 FUNNEL CAKE BREAKFAST PIZZA SAUSAGE LINK APPLE CEREAL BAR BLUEBERRY CEREAL STRAWBERRY CERE APPLE JUICE ORANGE JUICE GRAPE JUICE APPLE BANANA ORANGES WHITE MILK CHOCOLATE MILK STRAWBERRY MILK
Mar - 15 Mar - 22 PANCAKES WW SAUSAGE BAGEL SAUSAGE LINK APPLE CEREAL BAR BLUEBERRY CEREAL STRAWBERRY CERE APPLE JUICE ORANGE JUICE GRAPE JUICE APPLE BANANA ORANGES WHITE MILK CHOCOLATE MILK STRAWBERRY MILK	Mar - 16 Mar - 23 CINNAMON ROLL SAUSAGE LINK BREAKFAST PIZZA APPLE CEREAL BAR BLUEBERRY CEREAL STRAWBERRY CERE APPLE JUICE ORANGE JUICE GRAPE JUICE APPLE BANANA ORANGES WHITE MILK CHOCOLATE MILK STRAWBERRY MILK	Mar - 17 Mar - 24 BISCUIT, EGG, MEAT APPLE CEREAL BAR BLUEBERRY CEREAL STRAWBERRY CERE APPLE JUICE ORANGE JUICE GRAPE JUICE APPLE BANANA ORANGES WHITE MILK CHOCOLATE MILK STRAWBERRY MILK	Mar - 18 Mar - 25 CINNAMON ROLL SAUSAGE LINK BURRITO BREAKFAS APPLE CEREAL BAR BLUEBERRY CEREAL STRAWBERRY CERE APPLE JUICE ORANGE JUICE GRAPE JUICE APPLE BANANA ORANGES WHITE MILK CHOCOLATE MILK STRAWBERRY MILK	Mar - 19 Mar - 26 FUNNEL CAKE BREAKFAST PIZZA SAUSAGE LINK APPLE CEREAL BAR BLUEBERRY CEREAL STRAWBERRY CERE APPLE JUICE ORANGE JUICE GRAPE JUICE APPLE BANANA ORANGES WHITE MILK CHOCOLATE MILK STRAWBERRY MILK

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Mar - 29 PANCAKES WW SAUSAGE BAGEL BACON APPLE CEREAL BAR BLUEBERRY CEREAL STRAWBERRY CERE APPLE JUICE ORANGE JUICE GRAPE JUICE APPLE BANANA ORANGES WHITE MILK CHOCOLATE MILK STRAWBERRY MILK	Mar - 30 CINNAMON ROLL BREAKFAST PIZZA BACON APPLE CEREAL BAR BLUEBERRY CEREAL STRAWBERRY CERE APPLE JUICE ORANGE JUICE GRAPE JUICE APPLE BANANA ORANGES WHITE MILK CHOCOLATE MILK STRAWBERRY MILK	Mar - 31 BISCUIT, EGG, MEAT APPLE CEREAL BAR BLUEBERRY CEREAL STRAWBERRY CERE APPLE JUICE ORANGE JUICE GRAPE JUICE APPLE BANANA ORANGES WHITE MILK CHOCOLATE MILK STRAWBERRY MILK		

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